

## ***LIBRARY INFORMATION***

We hope you'll come often to visit the Reed Library, located at the intersection of Routes 6 and 52 in the Hamlet of Carmel. Our hours are:

Monday	10-5	Thursday	10-8
Tuesday	10-8	Friday	10-5
Wednesday	10-5	Saturday	10-3



# **REED MEMORIAL LIBRARY**

## **ADULT PROGRAMS**

**April-May-June  
2019**

**Homepage:** [www.carmellibrary.org](http://www.carmellibrary.org)  
**Address:** 1733 Route 6, Carmel, NY 10512  
**Phone:** 845-225-2439  
**Email:** [jbuck@carmellibrary.org](mailto:jbuck@carmellibrary.org)

*Registration is required for programs and preference is given to residents of the Reed Memorial Library District.*

*Registration generally begins about three weeks prior to start of program. Please call the library to register, 845-225-2439.*

## DRAWING FLOWERS & OTHER LIVING PLANTS

Tuesdays April 2 through May 5  
10 am to 12 noon



This series of six classes will focus on capturing the range of forms and textures of flowers and other living plants. Emphasis will be on working from actual living subjects.

After several classes in the library we will move outside to work directly from nature.

Students will learn both basic and refined techniques using graphite pencils to lay a foundation for more complex media: ink, pastel, acrylic, and oil.



## SMALL CLAY SCULPTURE

Saturday April 6 & 20 at 10:30



Use malleable clay to create two interactive, abstract forms.

Class will include discussion on color relations, scale, texture and interaction.

## WHAT IS AYURVEDIC MEDICINE?

Tuesday April 9, 6 to 8 pm

Ayurveda is thought to be the world's oldest healing system. It encompasses life in its totality and epitomizes a true body-mind approach to health and wellness.



Presented by Dr. Somesh Kaushik  
Ayurvedic and Naturopathic Physician

Join us and discover

- Ways to determine why and how you might be out of balance
- Simple things you can do to re-balance and achieve harmony
- Foods and practices that might not be right for you – and those that are

## On-Going Adult Programs

### Artists Drop-in

*Mondays 12:30 to 2:30*

Artists are invited to drop-in to the library with their pencils, pads and paints for a creative afternoon.

### Mindfulness Meditation and Book Group

*Meets the last Tuesday of each month*

*6 to 7:30 pm*

Learn tools to strengthen mindful awareness, compassion and intentional living. Book discussion, meditation and camaraderie. All are welcomed.

### Reads-at-Reed Book Club

*Meets the first Tuesday of each month at 7 pm*

### Short Story Book Club

*Alternating Wednesdays at 1 pm*

Join us for a lively discussion of short stories, a different story each meeting.

### In-Stitches

*Wednesdays at 10:30 am*

*Thursdays at 6:30 pm*

Beginners and experienced knitters and crocheters welcomed in this fun and friendly group

## TEDxReedLibrarySalon

Check calendar for dates & times



WE'RE BOTH RIGHT! WE ARE LOOKING AT THE SAME INFORMATION FROM A DIFFERENT PERSPECTIVE.

Bring *your* perspective to the library! Watch a TED talk\* and join the conversation. Refreshments will be served.

\*TED is a nonprofit devoted to spreading ideas, in the form of short, powerful talks (18 minutes or less).

### Upcoming Programs

July 10 Space Race

July 31 Que Seurat, Seurat, - Armchair Art Tour

September 18 Lotus Flower Paper Lanterns



## BOOKMARK DESIGN CONTEST



## A SPACE OF ONE'S OWN CREATING A GARDEN SANCTUARY

Wednesday April 10 at 10:30 am



Design and create on paper your own dream garden retreat.

We'll talk about creating a sense of place with elements of color, fragrance, sound, and nature to bring restorative elements into your own garden sanctuary.

## PAINT PARTY Friday April 26 at 7 pm



You are invited to help support the library's art classes while having fun creating a painting from start to finish, enjoying refreshments and sipping something delicious!

*Registration is required and seating is limited.  
Minimum donation \$25*

## ESSENTIAL OILS WORKSHOP

Saturday April 13 at 11 am



In this introductory class learn what essential oils are, their long history, how to buy them, safety tips and the many ways essential oils can be used.

CHAIR YOGA  
MONDAYS AT 10:30  
NEW SESSION STARTING SOON



**New** - Registration required and preference given to residents of the Reed Library District. Please call the library to register, 845-225-2439.

## FORCES OF GOOD & EVIL IN PRIVATE INVESTIGATIONS

Tuesday April 16 at 6:30



Meet the author of this philosophical thriller as he shares stories of his years as a private investigator and explores the dynamic of good and evil present in every case.

Bruce Alterman is a licensed private investigator practicing in New York State.



## DECLUTTER & DESTRESS

Tuesday April 23 at 6:30 pm



Learn clutter-reducing techniques for your home, head and heart that will help you reduce anxiety and increase productivity in the coming year.

Instructor: Certified life coach  
Lisa Zawrotny of Positively  
Productive Systems, LLC.

## THE ART OF TREASURE HUNTING

Tuesday June 11 at 6:30 pm



Experienced Treasurer Hunters Robert Young and Pete Kelly share over 30 years of metal detecting experience.

Their program features an interactive discussion prompted by a slide presentation and a hands-on experience finding treasurers in a sand tray.

EXPERIENCE THE THRILL  
OF THE FIND!

Robert and Pete are members of the  
Putnam-Westchester Detectors  
Archeological Society



## YOUNG PICASSO

Wednesday April 24 at 11 am



Pablo Ruiz Picasso was a prodigy in art, from childhood to the advanced age of 91.

See Picasso's changing world and learn his life story from his teenage years through his twenties by way of his pictures at the Metropolitan Museum of Art—including his Blue and Rose Periods.

Talk given by Michael Norris  
of Armchair Art Tours

## PAPIER-MACHE BOWLS

Saturday June 15 and 22 at 10:30



Using a medium to large bowl participants bring from home, we will use papier-mache and decorative materials to transform ordinary bowls into vessels of art.

## Janine's Art Workshop

Thurs April 25  
10 am to 12 noon

Registration begins April 15

## PAUL CEZANNE

Wednesday June 19 at 11 am



Both Matisse and Picasso are said to have remarked that Cezanne "is the father of us all."

Cezanne's work laid the foundations of the transition from the 19<sup>th</sup> century conception of artistic endeavor to a new and radically different world of art in the 20<sup>th</sup> century.

Talk given by Michael Norris  
Armchair Art Tours

# PAUL GAUGUIN

Wednesday May 22 at 11 am



*I shut my eyes in order to see – Gauguin*

Known for bold colors, simplified forms and strong lines, Gauguin had no formal art training. He followed his own vision, abandoning both his family and artistic conventions to create his own unique painting style.

Talk given by Michael Norris  
Armchair Art Tours

# BUYING & SELLING ON eBay

Thursday April 25 at 6:30 pm

Too much stuff?

Looking for that special something?

**eBay** is one of the world's largest online marketplaces. Learn how easy it is to buy and sell a wide variety of goods.



**LIVING SIMPLY**  
Thursdays in June  
10:30 to 12 noon

KEEPING A  
SIMPLE HOUSEHOLD

SIMPLIFIED BODY  
PRODUCTS

EASY BEAUTY  
PRODUCTS

FOOD AND PANTRY

## ESSENTIAL OILS MAKE & TAKE

Saturday April 27 at 11 am



Learn how to use essential oils to create products to care for yourself and your home. Participants will make and bring home three items.

Registration begins April 11

## ART SHOW & RECEPTION SUNDAY JUNE 2, 1 TO 4 PM

Join us in celebrating the work of participants in the library's art classes.

Artwork will be displayed and refreshments served.

## THE BEATLES – 50 YEARS LATER

Thursday May 2 at 11 am



Explore the phenomenon that was The Beatles – their growth, originality, musical innovations, and lyric depth.

Lecture given by Barry Wiesenfeld, a freelance musician, author and member of the music faculty of SUNY and Ramapo College.



## HOW TO TIE A SCARF WEAR IT WITH FLAIR! Friday May 3 at 10:30

Learn and practice how to tie scarves of all shapes, sizes and styles for fun and fashionable looks!



# STENCILING

**TUESDAYS**  
**MAY 14, 21 & 28**  
**10 AM TO 12 NOON**

**REGISTRATION BEGINS APRIL 29**

## POETRY AND ART THE PRAYER FLAG TREE

Saturday May 4 at 10:30 am



It was believed that the positive affirmations and thoughts of loving, goodwill and compassion crafted on colorful rectangles of fabric and hung on a tree would be blown by the wind and spread all over the world.

Join us to create your own prayer flags to be added to trees around the library.



## DIGITAL DE-CLUTTERING

TUESDAY MAY 14 AT 6:30 PM

Are you inundated with emails and overwhelmed by apps?

Can't find your photos?

Clutter isn't just the stuff that surrounds us. It's a digital deterrent to living your best life.

Join us to learn clutter-reducing techniques for your virtual world.



*Presented by Lisa Zawrotny,  
Holistic Productivity Coach & Professional Organizer*

## Janine's Art

Thurs. 10 am to 12 noon

May 9, 16, 23, 30

*Registration begins April 22*

## ESTATE PLANNING: HOW TO PROTECT YOUR PARENTS AND YOURSELF

Tuesday May 21 at 6:30 pm

*Attend this seminar for answers to important questions, such as:*

- How can I protect assets from a nursing home?
- The Five-Year Look Back: What is it and why is it so important?
- Probate: Does my will avoid it?
- How can I preserve my assets?
- Social Security: What are my options?

